



SERVIZIO SANITARIO REGIONALE EMILIA-ROMAGNA Azienda Ospedaliera di Reggio Emilia

Arcispedale S. Maria Nuova

## Screening for early diagnosis and prevention of tumors of the colon-rectum

## **OCCULT BLOOD IN FECES**

Instructions for collecting the sample	
The kit includes a small flask (tube) and a plastic envelope	
1- Collect a sample of feces in a clean dry container (eg. one of plastic or	
aluminium)	
2- Unscrew the green top and remove the stick, taking care not to spill the	
liquid in the tube. It is a preservative for the sample	
3- Scrape just the tip of the stick over the feces in 3 or 4 different points	
4- Collect only the feces that are left on the tip of the stick. Excessive amounts	
of feces are of no use and make the sample collected impossible to use for	
performing the test	
5- Insert the stick into the tube, push the top down until it clicks and shake it.	
The liquid must remain almost transparent and very fluid	
6- Place the flask in the plastic envelope supplied and keep it in a refrigerator	
until it is returned, which must be done as soon as possible and at the latest	
within 2 days	
ENTRO AL MASSIMO DUE GIORNI DALLA	T THE LATEST WITHIN TWO DAYS AFTER
	OLLECTION, THE SAMPLE SHOULD BE
	LACED INSIDE THE REFRIGERATED
REFRIGERATO SITO PRESSO C	ONTAINER LOCATED AT

## NB

- 1- It is not necessary to follow any special diet before collecting the feces
- 2- Do not perform the test during your period or when hemorrhoidal bleeding occurs
- 3- Avoid contaminating the feces with urine
- 4- Take care not to soil the outside of the flask and the bar code label
- 5- Do not clean the tube and the label with alcohol
- 6- Do not damage the aluminium foil on the base of the tube

The tube is for diagnostic use: do not swallow the liquid and keep out of reach of children

## USE THE TUBE WITHIN 6 MONTHS OF THE DELIVERY DATE, OTHERWISE COLLECT A NEW ONE BY CALLING THE SCREENING CENTRE

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