



SERVIZIO SANITARIO REGIONALE  
EMILIA-ROMAGNA  
Azienda Ospedaliera di Reggio Emilia

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Istituto in tecnologie avanzate e modelli assistenziali in oncologia  
Istituto di Ricovero e Cura a Carattere Scientifico

Nuclear Medicine - *Manager Dr. Annibale Versari*  
Metabolic Radiotherapy Section - *Manager Dr. A. Filice*

## POST-THERAPY WHOLE BODY SCINTIGRAPHY *INSTRUCTIONS* *FOR PREPARATION*

Dear Mrs./Mr.

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your scintigraphy will be performed on

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in the Nuclear Medicine department.

**N.B: ON THE BACK YOU WILL FIND IMPORTANT  
INSTRUCTIONS ON HOW TO PREPARE FOR THIS TEST.  
READ THEM CAREFULLY!**



## HOW TO PREPARE FOR THE SCINTIGRAPHY

### THE DAY BEFORE THE SCINTIGRAPHY

- Try to have a bowel movement to "clean" the intestine in preparation for the scintigraphy. If you have trouble use a light laxative, according to the instructions that you were given upon discharge.

**N.B.:** it is very important that you follow these instructions because if the intestine is not cleaned properly, the test result may not be accurate enough. This would mean you having to come back shortly to repeat the test.

- Follow your usual diet, there is no need to change habits.

### THE DAY OF THE SCINTIGRAPHY

- Have breakfast as it is not necessary to fast for the scintigraphy.
- Take your usual medication, as you would on any other day.

*IF YOU NEED ANY OTHER INFORMATION, PLEASE CALL US ON 0522 296468 (METABOLIC RADIOTHERAPY), OR ON 0522 296284 (NUCLEAR MEDICINE).*

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